

**ACTIVITIES:**

## *Winter and summertouring to Tåkeheimen*

Svartisen is Norway's second largest glacier. Right next to it lays Tåkeheimen, a mountain cabin. The cabin with its beautiful surroundings gives excellent opportunities to explore the highest tops of Meløy. In the winter/spring we organize mountain ski tours over the glacier, and in the summer we walk up from the glacier arm.

**Duration and level of difficulty:**

**Winter/Spring tour:** the 2 or 3 day mountain ski tour over the glacier takes 6-7 hours. You should be capable of skiing up- and downhill in unprepared trails, carrying a backpack.

**Summer tour:** day or overnight trips take 4-5 hours. You should be in general good condition.

**Equipment:**

You will need a backpack, ski's with skins (for the winter tour) and outdoor clothing. Bring gloves, a warm sweater, sunglasses and sunscreen. Have good mountain shoes on and be prepared to be outside for the day.

**Price:**

**Winter tour:** from NOK 2000,- pp incl. glacier guide.

**Summer tour:** from NOK 800,- pp incl. guide.

**Season and weather dependency:**

**Winter tour:** November – June / **Summer tour:** June - October

**Reservation:**

For reservation or more information about this trip call us at +47 41082981 or email [post@rocksnrivers.no](mailto:post@rocksnrivers.no)

Reservation is binding. By cancellation of the trip later than 16 hours before departure, we will bill you with 400,- NOK pp.

**Contact:**

Rocks'n Rivers, 8170 Engavågen – [www.rocksnrivers.no](http://www.rocksnrivers.no) Tlf: +47 41082981

**En trygg opplevelse av utfordrende naturelementer.**